

Sanctuary as a Mindset

a contemplative experience
at Wolf Haven International



Immerse yourself at Wolf Haven in a uniquely new, mindful way. *Sanctuary as a Mindset: a contemplative experience at Wolf Haven International* is an opportunity for guests to enjoy a quiet, peaceful visit that reflects our sanctuary philosophy. Participants can explore different avenues for respectfully and creatively embracing the presence of sanctuary wolves in a non-invasive and non-threatening way (quiet contemplation and appreciation, drawing, writing, etc). The time in the sanctuary will mostly be in silence, and guests may observe 3-5 pairs of wolves, wolfdogs, and coyotes on the public visitor route.

- **WHEN:** Friday, October 11, 2024 from 3:30pm-6:45pm. Participants are expected to arrive at 3:15pm and will spend 2 hours in the sanctuary with an optional additional 15 minutes at the end to share reflections or walk the prairie
- **WHO:** minimum of 4 and maximum of 8 program participants with 2 accompanying staff
- **WHERE:** Wolf Haven International at 3111 Offut Lake Road SE, Tenino, WA 98589
- **COST:** \$100 per person
- **INCLUDED:** coffee, tea, water, and a sweet treat served during the break

WHAT TO BRING

- Your favorite camping chair, cushion, or blanket (*avoid noisy or scented fabrics*)
- Creative materials like a journal or handheld art supplies
- Poetry or book to read in silence
- Water bottle (*no other food or drinks are allowed inside the sanctuary*)
- Sunscreen, insect repellent
- Dress in layers to adapt to changing weather

WHAT TO DO

- Relax & contemplate nature (*just listen and sense*)
- Observe wolf or other wildlife behavior
- Birding (*you can bring binoculars*)
- Read poetry or a nature book
- Meditate
- Knit/crochet
- Paint/draw
- Journal

Please do **NOT** bring large items such as umbrellas, tripods, easels, and telephoto camera lens, as these can make the wolves uncomfortable. Wolf Haven will have a few chairs, blankets, and creative materials to share, as well as Wolf Haven branded picnic blankets available for purchase.

Program

3:15pm	Gates open – please follow signs to Administration
3:15-3:30	Arrival and greetings (<i>in Education Room</i>)
3:30-3:50	Presentation: what it means to be a sanctuary, individual animal backgrounds, program overview, ground rules and expectations
4:00-5:00	First silent period in the sanctuary
5:05-5:20	Break and Q&A with Animal Care staff (<i>at picnic tables</i>)
5:25-6:25	Second silent period in the sanctuary
6:30-6:45	Wrap up and debrief (<i>at picnic tables</i>)
6:45-7:00	Optional time to share any creations, thoughts, experiences, feedback, additional Q&A with staff, and/or prairie walk
7:15pm	Gates close

**We hope you enjoy this rare opportunity to be part of the sanctuary world!
You can register by scanning the QR code below or by clicking [HERE](#).**

